

CITY OF ST. CLAIR RECREATION - WINTER 2017

TRICE HAWKINS. RECREATION DIRECTOR 547 N CARNEY DRIVE, ST. CLAIR, MI 48079 Monday-Friday, 7:30am-4:30pm. (810) 329-7121 For a complete listing of program information www.citvofstclair.com

ADULT DROP-IN PROGRAMS – 18YRS & UP

MORNING SWIMMERCISE - SUE DANIELS, AQUATIC COORDINATOR. January 4– May 18, Monday – Thursday, 11:00-11:45am. EVENING LAP SWIM - MARGARET PAULY, LAP SUPERVISOR. January 4 – May 17, Wednesday, 6-7pm. All swim programs held at the St. Clair High School - 2200 Clinton Avenue. \$2.00 Drop-In. Use visitor parking lot off of Cox Road, athletic entrance.

Co-ed Volleyball: January 12– June 1, Thursdays, 7:30-9:30pm. St. Clair Middle School. \$2.00 Drop-In. Men's Basketball: January 10 – April 18, Tuesdays, 7:30-9:30pm. St. Clair Middle School. \$2.00 Drop-In Check o-line for no program dates or program changes for Co-ed Volleyball and Men's Basketball due to school schedule

Pickleball: Monday-Friday, 9:00am-11:00am. Education Center – 301 N. Sixth. \$2.00 Drop-In. All skill levels welcome. Equipment provided or bring your own. Offered year round. Evening Program dates TBA.

Indoor Walking: Monday-Thursday, 4:30pm–5:30pm. St. Clair High School Hallways. No fee.



PROGRAMS - On-going registration. In-person. Pre-Register. Classes offered Winter-Spring

ABC GYMNASTICS - PARENT & TOT (\$57P/SESSION), 3-5YRS (\$62 P/SESSION) AND 6 & UP (\$67 P/SESSION). SATURDAY MORNINGS @ CITY HALL. SESSION I: JANUARY 14-FEBRUARY 15 (5WKS), SESSION II: MARCH 25 - MAY 6 (5WKS). MORE SESSIONS APRIL-AUGUST.

BALLROOM DANCING - SESSIONS STARTS WEDNESDAY, JANUARY 11- FEBRUARY 22. NEXT SESSION: MARCH 1 -APRIL 12 (7wks). BEGINNER 7PM, ADVANCED 8PM, COMMUNITY CENTER BUILDING, \$90 PER COUPLE/PER SESSION.

TEAM FIT CLASSES. 20/20/20 (cardio/sculpting/), Tuesdays, 6:00-7:00pm (6wks) or TNT(Tone-N-TRIM) THURSDAYS, 6:00-7:00PM. FEES: \$63.00, \$42.00 RESIDENT DISCOUNT (6WKS). BUNDLE DISCOUNT - SIGN-UP FOR TWO CLASSES LISTED ABOVE \$97.50, \$67.00 RESIDENT DISCOUNT, P/SESSION. GUTS & GLUTS (CORE CONDITIONING) - FOLLOWING TNT CLASS THURSDAYS, 7:00-7:30PM, \$25.00 P/SESSION. ALL EVENING CLASSES HELD AT EDDY SCHOOL – 301 N NINTH STARTING THE WEEK OF JANUARY 16TH (6WKS), SESSION II: MARCH 7 (6WKS). BOOT CAMP- FREE CLASS!! JANUARY 14TH!! SATURDAYS 9:00AM-10:00AM. STARTING JAN 21 (6WKS) & MARCH 11 (6WKS). FEE: \$63.00, \$42.00 RESIDENT DISCOUNT. EDUCATION CENTER – 301 N SIXTH. TAI CHI-FRIDAYS, STARTING JAN 13(5WKS) & FEB 24 (5WKS), 10:30AM-11:30AM, CITY HALL -547 N CARNEY DRIVE. \$39.00 P/PERSON. CLASS DESCRIPTION AVAILABLE ON CITY WEBSITE.

WINTER INDOOR SPORTS - Pre-Registration determines if class will be offered.



Indoor Lacrosse -learn to play Grades 3-8

Indoor instruction, practice and conditioning. Includes fundamentals, beginner to advanced skills. Instruction provided by Blue Water Lacrosse League. Equipment provided or bring your own. Grade levels may be combined, based on pre-registration. Tuesdays, January 10 – February 21 (make-up if needed February 28) East China Education Center (Gym) – 301 N. Sixth 3-5 grade,7:00-8:00pm

6-8 grade, 8:00-9:00pm

\$28.00 p/student



INDOOR SOCCER (FUTSOL) AGES 6-12

GET READY FOR SPRING SOCCER!! INSTRUCTION AND GAME PLAY. OFFERED IN COOPERATION WITH AMERICAN YOUTH SOCCER ORGANIZATION REGION 673 (AYSO AGE ELIGIBILITY REQUIREMENTS USED)

Thursdays, January 26 – March 9, 2017(7wks). East China Education Center – 301 N. Sixth Age groups/practice time may be combined based on pre-registration. U/8yrs-U/6yrs, 6:00-7:00pm U/12-U/10yrs, 7:00-8:00pm

YOUTH WRESTLING GRADES 3-7

\$30.00 p/student (includes team t-shirt) Introduction to wrestling and various methods of strength, agility and speed training. Parent volunteers welcome. Attire: loose fitting clothing such as sweat pants, shorts. No jewelry, belts, buckles. Separate pair of wrestling or gym shoes. Instructor: Coach Garcia and SCHS Wrestling Team

St. Clair Middle School (Aux Gym) – 4335 Yankee



\$45.00 p/student

preschool

CREATIVE TOTS LICENSED CHILD CARE PROGRAM – FALL PRE-REGISTRATION STARTS MARCH 10TH.

Melanie Bolt, Program Director & Laura Riebandt, Assistant. September 2017-May 2018. City Hall – 547 N. Carney **\$70.00 non-refundable fee due at time of registration. First month (Sept) and last month (May) tuition is due during Fall registration.** M/W/F (4-5yrs), 9:30-11:45am, Monthly Tuition \$112.50, Resident Discount \$75.00. T/TH (2-4yrs), 9:30-11:45am. Monthly Tuition \$90.00, Resident Discount \$60.00.

Card Play: All ages & abilities, no partners needed. Fellowship Bridge Tuesdays, 12:00-4pm, Duplicate Bridge – Fridays, 12:30pm., **Senior Cards** (Euchre & Pinnacle) – Thursday, 12:30pm. St. Clair Community Center – 308 S. Fourth. No Fee.

SCORE SCHOLORSHIP FUND AVAILABLE FOR ALL YOUTH PROGRAMS <u>www.cityofstclair.com</u>

SPECIAL EVENTS: DADDY-DAUGHTER VALENTINE DANCE – FEBRUARY 9, 2017, 6:30-8:00PM. AGES 4 & UP. PINE SHORES GOLF COURSE – 515 FRED MOORE HWY. PRE-REGISTRATION REQUIRED. INCLUDES PHOTO, DANCING AND REFRESHMENTS. LIMITED SPACES AVAILABLE. \$24 PER COUPLE. MOTHER-SON HOCKEY GAME – MARCH 9, 2017. PROWLERS HOCKEY GAME & PIZZA PRE-REGISTER. \$30.00 P/COUPLE. NO REFUNDS. DETROIT RED WING BUS TRIP – JANUARY18TH+VS BOSTON BRUINS. \$65 P/P. ALL AGES. TICKETS, FOOD, GIVEAWAYS. NO REFUNDS. LIMITED SEATING. DISCOUNT DETROIT RED WING TICKETS – For tickets visit: www.DetroitRedWings.com/mrpa. PROMO CODE: ST. CLAIR. WINDSOR CASINO TRIPS – JANUARY 9 & 23 AND MARCH 7 & 28. \$15.00 P/P, BOGO PER MONTH. CASHBACK – JANUARY \$20 PER RIP, MARCH \$15 PER TRIP. 12:15PM DEPART, RIVERVIEW PLAZA SOUTH END. ICE SKATING - BROWN STREET. ENJOY THE OUT-OF-DOORS DURING THE WINTER MONTHS. SEASON BEGINS AS WEATHER PERMITS. FOR PLAZA PARK ICE SKATING CONTACT <u>STCLAIRCHAMBERMI@GMAIL.COM</u> 329-2962. CROSS COUNTRY SKIING - MAKE YOUR OWN TRAILS GREIG PARK – NATURE TRAILS & PINE SHORES GOLF COURSE – PLEASE STAY OFF THE GREENS. **RENTALS - For Community Center** Rentals and Park Pavilion Reservations (Greig & Klecha Park) contact city hall 810.329.7121.

UPCOMING SPRING EVENTS

 SAFETY TOWN - MAY 13
 KID'S FISHING DERBY - JUNE 10
 SKATE BIKE PARK SUMMER JAM - JUNE 17

 PROGRAMS ARE SUBJECT TO CHANGE DUE TO FACILITIES AND SCHEDULE CHANGES CONTACT THE RECREATION OFFICE OR WWW.CITYOFSTCLAIR.com for UP-TO-DATE INFORMATION.



Warrior Martial Arts

American Warrior Martial Arts has offered QUALITY Martial Art Training in the Blue Water Area for over 40 years. AWMA has trained over 40 AAU National Champions, 4 American Open Martial Arts Team Members, and numerous AAU & AOMA State Champions. Over 25 Black Belts have been certified through Kukkiwon, Korea, "*The World Kwon Do Federation Headquarters*."

Grand Master Gary Eisen: 7th-Dan Black Belt, has over 40 years of martial art training & tournament fighting experience. Grand Master Eisen is a 8-time AAU National Champion and is the Head Instructor.

Master Ann Eisen: 5th-Dan Black Belt, 20 years of martial art training, is a AOMA National Champion & Team Member, 2-time AAU Silver Medalists, is the Youth Instructor.

Winter Session: January 9 - February 16 Winter Session II: February 20 - March 30 Beginners (Ages 4-6): Mondays, 5:00-5:25pm, \$20 Beginners (Ages 7-10): Thursdays, 4:45-5:25pm, \$25 Lil' Warrior (Ages 6-11): M&TH, 5:30-6:20pm, \$25 Warriors Class: Mondays & Thurs, 6:30-7:45pm\$45 Registration will be accepted in person or by mail. Contact Master Annie for more information at 810-434- 5780 or email: <u>awmatkd@yahoo.com</u> Class size limited, so don't wait to register. Like us on Facebook. REGISTER PER 6-WEEK SESSION. NO CONTACTS EVER TO SIGN.

Beginners: introduces students to the basic movements of tae kwon do in a fun & friendly atmosphere.. Students work on punches, kicks, blocks, stances, along with balance, hand-eye coordination and listening skills.

Lil'Warrior: Students must ready to test for LW Orange Stripe Belt or have their first belt. Students continue to progress in the world of tkd. *Warriors Class:* This class is for the older beginner students, advance ranks& black belts.